

**Toronto Ultra Run**  
**Saturday May 5, 2007**  
**100K**

**Entrants Finishers**

|        |    |    |
|--------|----|----|
| Total  | 46 | 30 |
| Male   | 31 | 19 |
| Female | 15 | 11 |

| Place | Bib | Name                 | Class Place<br>/finishers | Gender<br>Place | Laps Comp.<br>& Time | Pace<br>/Km | City               |
|-------|-----|----------------------|---------------------------|-----------------|----------------------|-------------|--------------------|
| 1     | 115 | Mark Godale          | LM<50 1/15                | 1               | 10 8:17:48           | 4:59        | Aurora             |
| 2     | 101 | Carla Arnold         | LF<50 1/14                | 1               | 10 8:37:05           | 5:11        | Oakville           |
| 3     | 103 | Bruce Barteaux       | LM50+ 1/14                | 2               | 10 8:55:53           | 5:22        | Orleans            |
| 4     | 132 | Jim Orr              | LM50+ 2/14                | 3               | 10 9:03:27           | 5:27        | Toronto            |
| 5     | 108 | Paul Chenery         | LM50+ 3/14                | 4               | 10 9:03:41           | 5:27        | Toronto            |
| 6     | 128 | Karin McMillan       | LF<50 2/14                | 2               | 10 9:37:28           | 5:47        | Kitchener          |
| 7     | 124 | Laurie McGrath       | LF<50 3/14                | 3               | 10 9:40:30           | 5:49        | Baden              |
| 8     | 109 | Jack Cook            | LM<50 2/15                | 5               | 10 10:03:05          | 6:02        | Edmonton           |
| 9     | 125 | Theresa McGrath      | LF<50 4/14                | 4               | 10 10:09:34          | 6:06        | Kitchener          |
| 10    | 102 | Jeff Ashizawa        | LM<50 3/15                | 6               | 10 10:22:46          | 6:14        | Waterloo           |
| 11    | 110 | Iris Cooper          | LF<50 5/14                | 5               | 10 10:27:04          | 6:17        | Toronto            |
| 12    | 112 | Ronald Gehl          | LM50+ 4/14                | 7               | 10 10:27:04          | 6:17        | Kitchener          |
| 13    | 117 | Angie Hawley         | LF<50 6/14                | 6               | 10 10:45:44          | 6:28        | Mississauga        |
| 14    | 144 | Charlotte Vasarhelyi | LF<50 7/14                | 7               | 10 10:50:03          | 6:31        | Guelph             |
| 15    | 104 | George Biondic       | LM50+ 5/14                | 8               | 10 10:53:15          | 6:32        | aurora             |
| 16    | 142 | John Turner          | LM<50 4/15                | 9               | 10 10:56:10          | 6:34        | Burlington         |
| 17    | 123 | Cameron Lutley       | LM<50 5/15                | 10              | 10 11:02:12          | 6:38        | Scarborough        |
| 18    | 138 | Tammy Sieminowski    | LF<50 8/14                | 8               | 10 11:24:15          | 6:51        | Toronto            |
| 19    | 116 | Cherie Harthun       | LF<50 9/14                | 9               | 10 11:38:05          | 6:59        | Hamilton           |
| 20    | 121 | Cynthia Laforty      | LF<50 10/14               | 10              | 10 11:47:12          | 7:05        | Brockville         |
| 21    | 105 | Sylvie Boisvert      | LF<50 11/14               | 11              | 10 11:50:17          | 7:07        | Sillery            |
| 22    | 136 | John Rennison        | LM<50 6/15                | 11              | 10 12:40:55          | 7:37        | Hamilton           |
| 23    | 139 | Bruce Smith          | LM<50 7/15                | 12              | 10 12:40:55          | 7:37        | Burlington         |
| 24    | 119 | Mark Ishikawa        | LM<50 8/15                | 13              | 10 12:41:50          | 7:38        | Brantford          |
| 25    | 140 | Peter Suomela        | LM50+ 6/14                | 14              | 10 12:47:17          | 7:41        | kanato             |
| 26    | 126 | A. Duff McLaren      | LM50+ 7/14                | 15              | 10 12:49:36          | 7:42        | Toronto            |
| 27    | 122 | Armand Leblanc       | LM50+ 8/14                | 16              | 10 12:57:19          | 7:47        | Angus              |
| 28    | 118 | Eric Heys            | LM<50 9/15                | 17              | 10 13:13:12          | 7:56        | Everett            |
| 29    | 146 | Scott Douglas        | LM<50 10/15               | 18              | 10 13:25:51          | 8:04        | Kitchener          |
| 30    | 113 | Henri Girault        | LM50+ 9/14                | 19              | 10 13:36:32          | 8:10        | France *550th 100K |
| dnf   | 130 | Jim Newin            | LM50+ 10/14               | 20              | 9 10:53:05           |             | Mont Saint-hilaire |
| dnf   | 131 | Ryan O'Dell          | LM<50 11/15               | 21              | 9 11:36:31           |             | Rochester          |
| dnf   | 129 | Les Michalak         | LM50+ 11/14               | 22              | 8 7:27:02            |             | Burlington         |
| dnf   | 111 | Gord England         | LM50+ 12/14               | 23              | 8 9:07:29            |             | Scarborough        |
| dnf   | 127 | Andrew McLean        | LM<50 12/15               | 24              | 7 5:36:40            |             | Winnipeg           |
| dnf   | 120 | John Koch            | LM<50 13/15               | 25              | 7 7:17:02            |             | Etobicoke          |
| dnf   | 133 | Steven Parke         | LM<50 14/15               | 26              | 6 6:07:18            |             | Kitchener          |
| dnf   | 106 | Linda Brooks         | LF<50 12/14               | 12              | 6 7:49:52            |             | Orchard Park       |
| dnf   | 143 | Charlie Upshall      | LM50+ 13/14               | 27              | 5 4:45:33            |             | Port Dover         |
| dnf   | 114 | Jim Glen             | LM<50 15/15               | 28              | 5 5:55:41            |             | Hamilton           |
| dnf   | 134 | Howard Parker        | LM50+ 14/14               | 29              | 5 5:55:43            |             | Scarborough        |
| dnf   | 135 | Marianne Perz        | LF<50 13/14               | 13              | 4 3:15:35            |             | Uxbridge           |
| dnf   | 107 | Paula Burchat        | LF<50 14/14               | 14              | 3 2:45:05            |             | Ottawa             |

# 50K

## Entrants Finishers

|        |    |    |
|--------|----|----|
| Total  | 39 | 32 |
| Male   | 26 | 21 |
| Female | 13 | 11 |

| Place | Bib | Name                | Class<br>/finishers | Place | Gender | Laps<br>& Time | Comp.<br>Pace<br>/Km | City        |
|-------|-----|---------------------|---------------------|-------|--------|----------------|----------------------|-------------|
| 1     | 65  | Luke Hohenadel      | IM40-49             | 1/8   | 1      | 5 3:46:05      | 4:32                 | Guelph      |
| 2     | 56  | Jeff Christian      | IM<40               | 1/6   | 2      | 5 3:56:04      | 4:44                 | Beaverton   |
| 3     | 62  | Doug Hall           | IM40-49             | 2/8   | 3      | 5 4:11:46      | 5:03                 | Fenwick     |
| 4     | 41  | Neal Isnor          | IM40-49             | 3/8   | 4      | 5 4:22:16      | 5:15                 | Stettler    |
| 5     | 30  | Rafael Charyk       | IM50+               | 1/8   | 5      | 5 4:29:08      | 5:23                 | Toronto     |
| 6     | 70  | Holger Kleinke      | IM40-49             | 4/8   | 6      | 5 4:30:51      | 5:25                 | Waterloo    |
| 7     | 58  | David Collins       | IM50+               | 2/8   | 7      | 5 4:33:18      | 5:28                 | Burlington  |
| 8     | 74  | Rick McDowell       | IM50+               | 3/8   | 8      | 5 4:37:48      | 5:34                 | Ajax        |
| 9     | 76  | Paul Shewchuk       | IM<40               | 2/6   | 9      | 5 4:38:51      | 5:35                 | Kitchener   |
| 10    | 61  | Robert Gryfe        | IM40-49             | 5/8   | 10     | 5 4:54:59      | 5:54                 | Toronto     |
| 11    | 57  | Lee Anne Cohen      | IF50+               | 1/5   | 1      | 5 5:08:56      | 6:11                 | Creemore    |
| 12    | 69  | Bernadette Kennedy  | IF40-49             | 1/4   | 2      | 5 5:15:07      | 6:19                 | Toronto     |
| 13    | 60  | Lise Gagne          | IF50+               | 2/5   | 3      | 5 5:15:55      | 6:20                 | Angus       |
| 14    | 78  | Sandi Stiel         | IF40-49             | 2/4   | 4      | 5 5:21:06      | 6:26                 | Toronto     |
| 15    | 34  | Doug Flis           | IM50+               | 4/8   | 11     | 5 5:23:13      | 6:28                 | Grimsby     |
| 16    | 80  | Philip Turner       | IM<40               | 3/6   | 12     | 5 5:35:46      | 6:43                 | Fergus      |
| 17    | 82  | Clay Williams       | IM40-49             | 6/8   | 13     | 5 5:47:48      | 6:58                 | Kitchener   |
| 18    | 77  | Gavin Simpson       | IM50+               | 5/8   | 14     | 5 5:49:57      | 7:00                 | Ajax        |
| 19    | 46  | Hans Maier          | IM50+               | 6/8   | 15     | 5 5:55:10      | 7:07                 | Markham     |
| 20    | 72  | Tony Martin         | IM40-49             | 7/8   | 16     | 5 6:04:50      | 7:18                 | Kitchener   |
| 21    | 73  | Philip McColl       | IM50+               | 7/8   | 17     | 5 6:12:34      | 7:28                 | Jerseyville |
| 22    | 75  | Monica Scholz       | IF<40               | 1/2   | 5      | 5 6:12:35      | 7:28                 |             |
| 23    | 67  | Gailanne Joachim    | IF<40               | 2/2   | 6      | 5 6:24:39      | 7:42                 | Mississauga |
| 24    | 83  | Sandy Wing          | IF50+               | 3/5   | 7      | 5 6:35:40      | 7:55                 | Etobicoke   |
| 25    | 50  | Nav Mendi           | IM<40               | 4/6   | 18     | 5 6:46:25      | 8:08                 |             |
| 26    | 63  | Gord Harthun        | IM50+               | 8/8   | 19     | 5 6:50:38      | 8:13                 | Hamilton    |
| 27    | 64  | Trevor Harthun      | IM<40               | 5/6   | 20     | 5 6:50:39      | 8:13                 | Hamilton    |
| 28    | 51  | Marjorie Adam       | IF50+               | 4/5   | 8      | 5 6:56:43      | 8:21                 | Deep River  |
| 29    | 79  | Tanya Tilley        | IFNOAGE             | 1/1   | 9      | 5 7:29:55      | 9:00                 | Mississauga |
| 30    | 53  | Tony Chan           | IM40-49             | 8/8   | 21     | 5 7:32:40      | 9:04                 | Mississauga |
| 31    | 81  | Sybil Wilkinson     | IF50+               | 5/5   | 10     | 5 7:47:22      | 9:21                 | Toronto     |
| 32    | 52  | Bernadette Behnke   | IF40-49             | 3/4   | 11     | 5 10:23:59     | 12:29                | Toronto     |
| dnf   | 54  | Vincent Charbonneau | IM<40               | 6/6   | 22     | 3 3:10:42      |                      | Burlington  |
| dnf   | 43  | Jennifer Johnston   | IF40-49             | 4/4   | 12     | 3 3:26:43      |                      | Grimsby     |

# 30K

## Entrants Finishers

|        |    |    |
|--------|----|----|
| Total  | 13 | 12 |
| Male   | 8  | 8  |
| Female | 5  | 4  |

| Place | Bib | Name              | Class | Place<br>/finishers | Gender<br>Place | Laps<br>& Time | Comp.<br>Pace<br>/Km | City           |
|-------|-----|-------------------|-------|---------------------|-----------------|----------------|----------------------|----------------|
| 1     | 2   | Scott McDonell    | SM<40 | 1/3                 | 1               | 3 1:52:57      | 3:46                 | Mississauga    |
| 2     | 12  | Stan Trudeau      | SM40+ | 1/5                 | 2               | 3 1:52:57      | 3:46                 | Toronto        |
| 3     | 1   | Pierre Marcoux    | SM40+ | 2/5                 | 3               | 3 2:23:43      | 4:48                 | Creemore       |
| 4     | 13  | Ted Keenan        | SM<40 | 2/3                 | 4               | 3 2:30:07      | 5:01                 | Casttro Valley |
| 5     | 11  | Georgina Stones   | SF<40 | 1/3                 | 1               | 3 2:35:00      | 5:10                 | Guelph         |
| 6     | 10  | Mike Smith        | SM40+ | 3/5                 | 5               | 3 2:40:45      | 5:22                 | Milton         |
| 7     | 9   | Ian Seeney        | SM<40 | 3/3                 | 6               | 3 2:45:41      | 5:32                 | Pickering      |
| 8     | 8   | Jennifer Seeney   | SF<40 | 2/3                 | 2               | 3 2:45:42      | 5:32                 | Pickering      |
| 9     | 6   | Patricia Reed     | SF40+ | 1/2                 | 3               | 3 3:11:05      | 6:23                 | Grimsby        |
| 10    | 7   | Michael Samarelli | SM40+ | 4/5                 | 7               | 3 3:59:08      | 7:59                 | pickering      |
| 11    | 4   | Dorothy Nigh      | SF40+ | 2/2                 | 4               | 3 6:17:02      | 12:35                | Richmond Hill  |
| 12    | 5   | John Nigh         | SM40+ | 5/5                 | 8               | 3 6:17:03      | 12:35                | Richmond Hill  |
| dnf   | 3   | Jennifer McHallam | SF<40 | 3/3                 | 5               | 2 1:58:36      |                      | Guelph         |

lap times at source:

<http://www.chiptimeresults.com/results.php?year=2007>